

Standard Chartered Hong Kong Marathon 2027

Youth Run – Pre-race Training Course

Intro:	The Standard Chartered Hong Kong Marathon is organized by the Hong Kong, China Association of Athletics Affiliates (HKAAA) which is the leading sports event in Hong Kong with highest number of participation, in 2026, the Event attracted more than 120,000 registrations from runners around the world. The HKAAA has long been committed to promoting community sports development. In 2026, it launched the inaugural Standard Chartered Hong Kong Marathon – Youth Run, an approximately 2km event for young people aged 10 to 15. Held at the Kai Tak Youth Sports Ground on the day before the main race, the event attracted more than 1,000 participants. Through the Youth Run, the HKAAA seeks to promote the positive values of an active lifestyle, encourage young people to develop a positive outlook, equip them to embrace future challenges, and make sport an integral part of their growth journey. This year, alongside the continued Youth Run, the HKAAA will introduce the new entry-level “Harbourfront 5km Run”. Designed to welcome participants of all ages and abilities, the event will offer more members of the public an opportunity to experience the joy of running, while providing an accessible steppingstone for those aspiring to take on the main race events of the Standard Chartered Hong Kong Marathon in the future. To help young participants prepare for the Youth Run, the HKAAA will also organize a pre-race training course. Through structured training, participants will improve their fitness, develop proper running techniques, and approach race day with confidence and a positive mindset.
Target:	Youngsters born between 2012 and 2017 <i>(Training target: 2 km race)</i>
Quota:	30 pax / class x 6 classes (Hong Kong Island x 1 / Kowloon x 2 / New Territories x 3)
Ratio:	1 coach + 2 assistant coaches / Class
Training Period:	Oct to Dec 2026 (8 sessions per class; 2 hours per session) (Please refer to the training timetable)
Entry Fee:	\$ 200 (Excluding the entry fee for the Youth Run)
Registration:	Registration is now open. Places are limited and available on a first-come, first-served basis, the registration deadline is 15 October. Registration Link: https://hkaaa.com/tc/train_online_apply_intro.php?id=32
Venue:	<u>LCSD Sports Ground</u> (1) HK – Aberdeen Sports Ground (LCSD) (2) KLN – Sham Shui Po Sports Ground (HKAAA) (3) KLN – Hammer Hill Road Sports Ground (HKAAA) (4) N.T. – Tseung Kwan O Sports Ground (LCSD) (5) N.T. – Tuen Mun Tang Shiu Kin Sports Ground (LCSD) (6) N.T. – Ma On Shan Sports Ground (HKAAA)
Race Registration:	Participants enrolled in the training course will be guaranteed a reserved entry for the Standard Chartered Hong Kong Marathon 2027 “Youth Run” event.
Remark:	✧ (HKAAA) = HKAAA training period ✧ (LCSD) = Public jogging period

Standard Chartered Hong Kong Marathon 2027**Youth Run – Pre-race Training Course****Training Timetable**

Venue		Day	Time	Training Session
Hong Kong Island				
A1	Aberdeen Sports Ground	Wednesday	17:30-19:30	28 October 4,11,18,25 November 2,9,16 December
Kowloon				
B1	Sham Shui Po Sports Ground	Friday	18:00-20:00	23,30 October 6,13,20,27 November 4,11 December
B2	Hammer Hill Road Sports Ground	Tuesday	17:30-19:30	27 October 3,10,17,24 November 1,8,15 December
New Territories				
C1	Tseung Kwan O Sports Ground	Tuesday	17:30-19:30	20,27 October 3,10,17,24 November 1,8 December
C2	Tuen Mun Tang Shiu Kin Sports Ground	Monday	18:00-20:00	26 October 2,9,16,23,30 November 7,14 December
C3	Ma On Shan Sports Ground	Saturday	14:00-16:00	31 October 7,14,21,28 November 5,12,19 December